

Men & Health



Haringey breakdown

- ◆ Most diverse in Europe.
- ◆ Many 35 plus men have experiences outside of the UK.
- ◆ Haringey is part of a larger picture within North-East London, of constantly flowing migration within the Capital.
- ◆ Similar migration occurs within Hackney, Stoke Newington, Edmonton & some parts of Islington

Haringey breakdown

- ◆ The West of the borough Amongst the Affluent in Europe – especially Crouch hill, Muswell Hill and parts of Highgate.
- ◆ The east of the Borough in the top 10% of the most deprived in the UK.
- ◆ David Lammy is quoted as stating that the park lane ward has “the highest level of unemployment in the Capital”

Reasons for not accessing health

- ◆ High number of female medical professionals.
- ◆ Not speaking English – coming from non-commonwealth countries.
- ◆ Ego & personality – a feeling in inferiority when discussing health with women.
- ◆ Cultural barriers related to exposing their health issues to non-male health professionals.

Reasons for not accessing health

- ◆ A greater social shift within the male-female dynamic in the UK.
- ◆ Non professional working class males – irrespective of race are increasingly having to access services delivered by females.
- ◆ Older men are finding this adjustment difficult.
- ◆ Male chauvinism – too simplistic a reason.

Reasons for not accessing health

◆ So.....

◆ The Average white working class male has issues related to accessing health services.

◆ Men from other non white UK backgrounds have additional barriers.

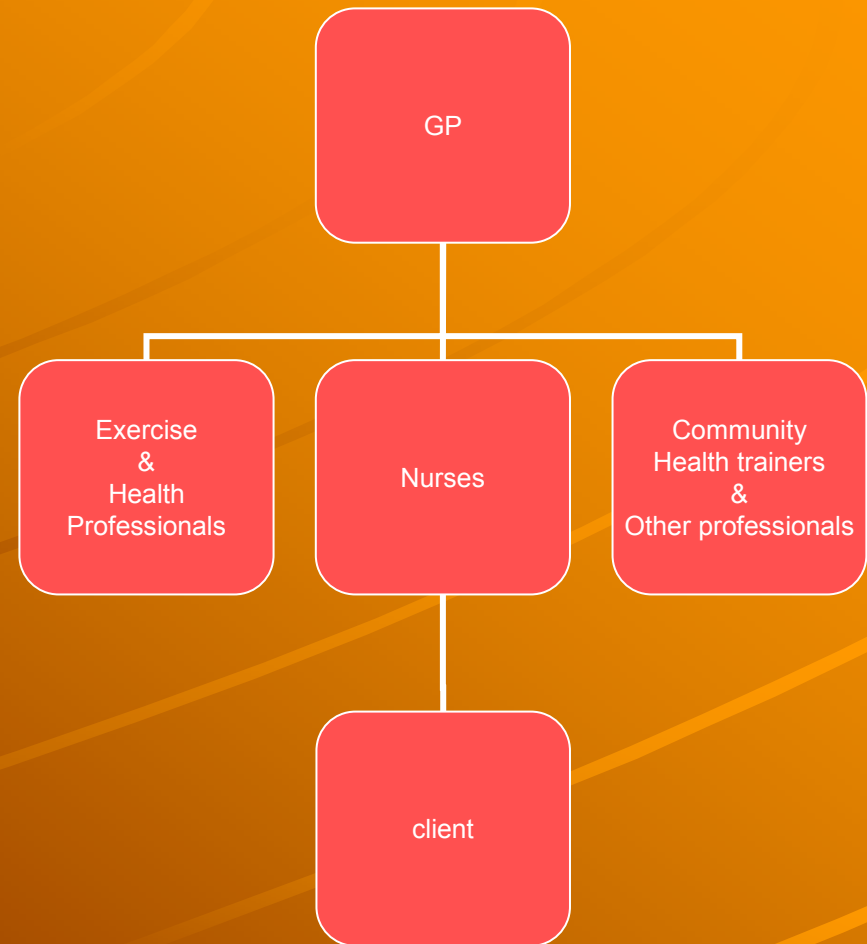
◆ Culture

◆ Language

◆ Tradition

Solutions.....

- ◆ Find more male GP's.
- ◆ Develop a more integrated/fluid system.
- ◆ Create a 2nd line of professionals to engage male patients.



Solutions.....

- ◆ This may include employing/using as volunteers Like:
- ◆ Fitness related professionals to give health MOT's.
- ◆ Male healthcare professionals to run screening sessions.



Solutions.....

- ◆ Roving Health Bus (Similar to the 4YP concept).
- ◆ Try to identify male “hangouts” to engage men.
- ◆ Like:
 - ◆ Pubs & night spots
 - ◆ Barber shops
 - ◆ Caribbean/African take-away's

Solutions.....

- ◆ Start introducing female style male screening at secondary school in order to breakdown negative perceptions.

